

9

TIPS For PARENTS To Help Students Work From Home

Whether your child will be participating in our hybrid model (attending school in person 2-3 days a week) or our 100% online model it is important that help your child follow these key tips to ensure they are successful when working from home.

1

Have a consistent work place

Your child needs a place where he/she can SIT and FOCUS for an extended period of time. Pick a place that is FREE of distractions such as tv, animals and other individuals video chatting or talking on the phone near you!

Make sure to CHECK-IN with your child throughout the day to determine if the space is working!

2

Help your child prepare for class

Just because your child is in 6th grade doesn't mean they don't need your help! Think of your life at 11 & 12! Help your child to charge their device, double check they have the materials they need and take time to read and review their completed work the night before it is due!

When you ask your child "show me what you're working on" it tells your child you take a vested interest in what they are doing AND you value their education!

Using the Calendar app is Google is a great way for your child to also link into their schedule when assignments are due, as well as video chat times!

3

Help set a schedule

Help your child write out a daily & weekly schedule! Make sure to include times for each subject, times for video calls and breaks throughout the day! Check in to make sure the schedule is being followed!

4

Find a proper space to work!

Bringing work into bed can mess with your child's sleep and hurt productivity. Keep their mind off sleep by taking work out of the bedroom and into a separate, organized workspace. Make sure they dress in school appropriate clothes as well!



5

Make sure your child checks his/her email and Google Classroom for assignments and updates. This should be done at multiple points during the day.

5

Have a to-do list

Each night help your child create a to-do list for the next day. Then, after the child checks Google Classroom help them edit the list. Writing down all the tasks you need to do for the day helps your child stay organized and focused on what needs to be accomplished.

6

Sleep at usual times!

Even though school might look a little different this year remember it is a regular school day. It is important your child is going to sleep and getting up just like if he/she were attending in person classes every day! THIS IS IMPORTANT!!

School Starts:
8:30 a.m.
Lunch:
12:10 p.m.
Dismissal:
3:00 p.m.

7

During the virtual school day school is priority #1

Your device should be for school work only during the day. 6th graders struggle to prioritize school over video games - help them to prioritizing school so they can enjoy other activities after 3:00 p.m.!

8

Your child needs screen breaks!

When your focus starts to wane, have quick breaks, whether it is to grab a drink and snack or read a book. This is especially important at night. Kids don't know when to turn off screens. Help them by keeping screens out of the bedroom especially at night so they can get sleep!

Think about normal breaks during the day: transitions from specials, lunch & different subjects!

9

Keep food/drink away from devices!

Remember technology is our biggest ally during our modified school model. You will be using your device a lot and you want to help your child keep it in tip top shape!

